

Spalding County Collaborative Authority for Families and Children, Inc.

Meeting Minutes

Spalding County Health Department

May 14, 2014 9:00 AM

Present: Regina Abbott, Jarvis Barnes, Carmen Caldwell, Grady Caldwell, Ann Cherrette, Janie Clark, Doris Christopher, Ruth Daniel, Dewey Haley, Anthony Hill, Kay Johnson, Keisha Johnson, James Johnston, Jessica Layfield, Karen Mathews, Brian Miller, Molli Pruitt, Jillian Rafter, Cynthia Tidwell, Veronica Thomas, Joseph Walker, Jewel Walker-Harps, and Marvette Williams. (23)

Carmen Caldwell, chair, called the meeting to order followed with prayer and pledge.

Grady Caldwell moved to approve the minutes of the April 9, 2014 meeting; seconded by Ruth Daniel and unanimously approved.

Director's / Coordinator's Report

Youth Advisory Council raising funds to send an additional team and male chaperone to GUIDE Teen Institute youth leadership development camp focused on underage drinking prevention. The Back to School Date is set for August 2 at City Park. Senior Issues Committee to collect food for seniors during the month. Jeff and Laura Jordan and Joseph Walker will be featured on the UGA Griffin Radio Program on WKEU the first week of June to talk about the Backpack Food for Kids Program. UGA Impact Series is planning a session focused on hunger in schools and a video documentary on UGA and East Griffin School which has been archived with the Kellogg Foundation. Molli Pruitt and Kim Stephens were commended for a very successful Healthy Children Conference; keynote speaker Dr. Perry Buffington of UGA Griffin Campus was a hit, and attendance of the Southern Crescent Technical School nursing classes far exceeded the original expected attendance.

Presentation

Merrilea Reeves, Chairperson of the Spalding County Board of Health and Family Nurse Practitioner with Correct Med in Locust Grove, presented a program on obesity. She briefly discussed the University of Wisconsin's County Health Rankings for Spalding County and the accreditation application process that the Spalding County Health Department is involved with the District Public Health office. The Board of Health is partnering with Spalding Regional Hospital to perform a comprehensive community health assessment. Thirty (30) percent of children in Spalding County are obese; 50% of 40-74 year olds are obese. Type II diabetes is on the rise stemming from diet and lifestyle. Healthy weight is not necessarily achieved and/or maintained by calories in and calories out. Weight is impacted by hormonal change and stress. Visceral fat is dangerous. She stressed the importance of getting eight hours of sleep every night, the five whites to avoid in diet, three servings each of fresh or frozen fruits and vegetables, limit meat intake to white baked or broiled, 30 minutes of physical activity per day, a BMI of 20-25, start with ourselves then extend to our families.

Healthy Children Strategy

Healthy Children Conference at UGA Griffin April 17, boasted over 130 attendees. Sponsors included Children's Healthcare of Atlanta (CHOA), March of Dimes (MOD), Spalding Regional Hospital, Wellcare, Chick-Fil-A, Kroger, Sam's and A Better Life Counseling and Coaching. Stewards of Children training is scheduled for the school system on June 9. Southern Crescent Technical College and a couple of pediatricians are interested in SOC training. The low birthweight prevention grant ends in June. We are on target to meet the goal of providing educational and prevention materials to 500 families with children 0-5 years old.

Healthy Youth Strategy

Back to School Bash planning team meeting scheduled for May 20 at 12 noon at Parks and Recreation conference room.

Healthy Community Strategy

Senior Issues –Food drive for seniors scheduled for May. Planning has begun for September conference. Health fair was a big success.

Re-entry –Department of Justice Second Chance Act Adult Ex-offender Reentry Demonstration application is due on June 2.

Educational Prosperity Initiative – John Cruickshank presented the Fairmont Neighborhood History at the May 1 EPI meeting. The presentation will be repeated several times at various events throughout the community. UGA Griffin Campus and Griffin Housing Authority have partnered to extend Kids Enrichment University, Young Scholars, and

Zero Robotics summer youth program opportunities to Fairmont youth. The Community Garden is blooming; crops are ready to harvest; open today; need gardeners and/or volunteers. Volunteers needed for mentoring program. The final report from UGA for the Fairmont Heritage Park redevelopment design is expected in a few days; meeting planned in a few days to plan the roll-out of the report to the community. The Housing Authority is working with residents to provide a Father's Day activity on June 7 at Fairmont. Progress is being made toward the College and Career Academy; time to get application completed; presentation to be made to Congressman Lynn Westmoreland. Divine Impact Life Center is looking for an opportunity to host a community event to become better known and engaged with the community.

Introductions & Announcements

WellCare of Georgia has re-instated dental and vision benefits for 21 year olds as of March; Smart Lunch/Smart Kids; GED testing paid for Medicaid recipients.

Hope Health Clinic is open until 5:30 pm Monday through Thursday for medical patient. Children receive dental services in the mornings during the school year and adults are seen in the afternoon. During the summer (June, July and part of August) adult dentistry is provided from 8 am until 5 pm, closed 12 to 1.

UGA and Gordon College have signed articulation agreement.

SPLOST survey is on-line and available at library and voter registrar's office. Deadline is end of the month.

Shield of Faith is offering a 6-week limited space summer educational, recreational, and health youth camp; \$25 registration fee and \$50 per week.

The meeting adjourned at 10:00 a.m. The next meeting is set for June 11, 2014 at 9:00 a.m. at the Spalding County Health Department Training Room.

Approved, Carmen Caldwell – Chair



Respectfully Submitted, Regina Abbott – Coordinator


